

Schedule of Events

PLEASE CHECK FOR LAST MINUTE SCHEDULING CHANGES WHICH MAY BE NECESSARY IN ORDER TO ACCOMMODATE FIELD SIZES. PRELIMS IN THE 100 METER DASH AND 200 METER DASH MAY, OR MAY NOT, BE NECESSARY .

This track & field meet has a "rolling schedule", which means that with exception to a start time for each day there is no scheduled time for the start of each running event. Pay close attention to the schedule of events and be aware of what events are occurring at any given time during each day. Listen for the "first" and "second" calls for each event and schedule your warm-ups accordingly! The schedule of events will not change the day of the events.

Age Division Code:

S	-	Sub-Bantam Division	-	Born 1998 or later
B	-	Bantam Division	-	Born 1996-1997
M	-	Midget Division	-	Born 1994-1995
Yo	-	Youth Division	-	Born 1992-1993
Int	-	Intermediate Division	-	Born 1990-1991
Yg	-	Young Men & Women Division	-	Born 1988-1989 or still 18 on August 1, 2006
Op	-	Open Division	-	Born 1986 or earlier
Ma	-	Masters Division	-	Born 1965 or earlier

Thursday, June 8, 2006

MULTI-EVENTS (FIRST DAY)

<u>Time</u>	<u>Event</u>	
2:00 P.M.	Decathlon – Intermediate Boys/Young Men	100-Meter Dash, Long Jump, Shot Put, 100-Meter Hurdles, High Jump
	Heptathlon – Intermediate Girls/Young Women	High Jump, 400-Meter Dash Shot Put, 200-Meter Dash

Friday, June 9, 2006

MULTI-EVENTS (SECOND DAY) - WEIGHT THROW - 3000 METER AND 5000 METER RUN

<u>Time</u>	<u>Event</u>	<u>Division</u>
2:00 PM	Triathlon, Pentathlon, Heptathlon, Decathlon	All Ages
	80-Meter Hurdles - Pentathlon	M (G & B)
	100-Meter Hurdles - Pentathlon	Yo (G – 30" & B – 33")
	100-Meter Hurdles - Heptathlon	Int/Yg (G – 33")
	110-Meter Hurdles - Decathlon	Int/Yg (B – 39")
	Shot Put - Tri/Pent/Hep	B (B/G), M/Yo (B/G), nt/Yg (G)
	Discus Throw - Decathlon	Int/Yg (B)
	High Jump - Tri/Pent/Hep	B (B/G), M/Yo (B/G), Int/Yg (G)
	Pole Vault - Decathlon	Int/Yg (B)
	Long Jump - Pent/Hep	M/Yo (B/G), Int/Yg (G)
	200-Meter Dash - Triathlon	Bantam (G)
	400-Meter Dash - Triathlon	Bantam (B)
	Javelin - Hep/Decathlon	Int/Yg (G) (B)
	800 Meter Run - Pent/Hep	M/Yo (G), Int/Yg (G)
	1500-Meter Run - Pent/Hep	M/Yo (B), Int/Yg (B)
6:00 PM	Weight Throw	Int/Young Men & Women
7:00 PM	3000 Meter Run	Girls – M/Yo/Int/Yg & Boys – M/Yo
7:30 PM	5000 Meter Run	Boys & Men – Int/Yg/Op/Ma
6:00-8:00 P.M.	Early Athlete Check-In & Packet Pickup	

Saturday, June 10, 2006

<u>Time</u>	<u>Event</u>	<u>Division</u>
8:00 A.M.	Athlete Check-In & Packet Pick-Up	
9:00 A.M.	4 x 800 Meter Relay	- Girls & Boys - All Ages
9:30 A.M.	1500-Meter Race Walk	- Girls & Boys - S/B/M
	1500-Meter Race Walk	- Women's - Open & Masters
	3000-Meter Race Walk	- Girls & Boys - Yo/Int/Yg & Men - Op/M
9:00 A.M.	Long Jump	- Girls & Boys - S/B/M
	High Jump	- Men & Boys - All Ages
	Shot Put	- Boys & Girls - S/B/M/Yo
	Discus	- Boys & Girls - Ma/Op/Yg/Int
	Pole Vault	- Girls - Yo/Int/Yg/Op/Ma
11:00 A.M.	Long Jump	- Girls & Boys - Yo/Int/Yg/Op/Ma
	High Jump	- Women & Girls - All Ages
	Shot Put	- Boys & Girls - Int/Yg/Op/Ma
	Discus	- Boys & Girls - M/Yo
	Pole Vault	- Boys - Yo/Int/Yg/Op/Ma
12:00 P.M.	1500-Meter Run	- Girls & Boys - All Ages
	100-Meter Dash Pre/Finals	- Girls & Boys - All Ages
	80-Meter Hurdles	- Girls & Boys - Midget
	100-Meter Hurdles	- Girls - Yo/Int/Yg & Boys - Yo
	110-Meter Hurdles	- Boys - Int/Yg
	4 x 100 Meter Relay	- Girls & Boys - All Ages
	800-Meter Run	- Girls & Boys - All Ages
	100-Meter Dash Finals	- Girls & Boys - All Ages
	200-Meter Hurdles	- Girls & Boys - Yo
	400-Meter Hurdles	- Girls & Boys - Int/Yg
	400-Meter Run	- Girls & Boys - All Ages
	2000 Meter Steeplechase	- Boys - Int/Yg
	200-Meter Dash Finals	- Girls & Boys - All Ages
	4 x 400 Meter Relay	- Girls & Boys - S/B/M/Yo/Int/Yg
1:00 P.M.	Triple Jump	- Girls & Boys - Yo/Int/Yg/O/Ma
	Mini-Javelin	- Boys & Girls - B/M
	Javelin	- Boys & Girls - Yo/Int/Yg