

Tentative Schedule of Events

PLEASE CHECK FOR LAST MINUTE SCHEDULING CHANGES WHICH MAY BE NECESSARY IN ORDER TO ACCOMMODATE FIELD SIZES. PRELIMS IN THE 100 METER DASH AND 200 METER DASH MAY, OR MAY NOT, BE NECESSARY.

This track & field meet has a “rolling schedule”, which means that with exception to a start time for each day there is no scheduled time for the start of each running event. Pay close attention to the schedule of events and be aware of what events are occurring at any given time during each day. Listen for the “first” and “second” calls for each event and schedule your warm-ups accordingly! The schedule of events will not change the day of the events.

Age Division Code:

S	-	Sub-Bantam Division*	-	Born 2000 or later
B	-	Bantam Division	-	Born 1998-1999
M	-	Midget Division	-	Born 1996-1997
Yo	-	Youth Division	-	Born 1994-1995
Int	-	Intermediate Division	-	Born 1992-1993
Yg	-	Young Men & Women Division	-	Born 1990-1991 or still 18 on July 27, 2008

* - Sub-Bantam Division does not advance to national championships. Sub-bantams will compete in their own division for medals and awards, but in Bantam Division to qualify for nationals.

Thursday, June 19, 2008 - Multi-Events – First Day

<u>Time</u>	<u>Event</u>	
4:00 P.M.	Decathlon – Intermediate Boys/Young Men	100-Meter Dash, Long Jump, Shot Put, 100-Meter Hurdles, High Jump
	Heptathlon – Intermediate Girls/Young Women	High Jump, 400-Meter Dash, Shot Put, 200-Meter Dash

Friday, June 20, 2008 – Multi-Events 2nd Day – 3000 & 5000 Meters

<u>Time</u>	<u>Event</u>	<u>Division</u>
2:00 PM	Triathlon, Pentathlon, Heptathlon, Decathlon -	All Ages
	80-Meter Hurdles - Pentathlon -	M (G & B)
	100-Meter Hurdles - Pentathlon -	Yo (G – 30” & B – 33”)
	100-Meter Hurdles - Heptathlon -	Int/Yg (G – 33”)
	110-Meter Hurdles - Decathlon -	Int/Yg (B – 39”)
	Shot Put - Tri/Pent/Hep -	B (B/G), M/Yo (B/G), Int/Yg (G)
	Discus Throw - Decathlon -	Int/Yg (B)
	High Jump - Tri/Pent/Hep -	B (B/G), M/Yo (B/G), Int/Yg (G)
	Pole Vault - Decathlon -	Int/Yg (B)
	Long Jump - Pent/Hep -	M/Yo (B/G), Int/Yg (G)
	200-Meter Dash - Triathlon -	Bantam (G)
	400-Meter Dash - Triathlon -	Bantam (B)
	Javelin - Hep/Decathlon -	Int/Yg (G) (B)
	800 Meter Run - Pent/Hep -	M/Yo (G), Int/Yg (G)
	1500-Meter Run - Pent/Hep -	M/Yo (B), Int/Yg (B)
6:00 PM	Weight Throw -	Int/Young Men & Women
7:00 PM	3000 Meter Run -	Girls – M/Yo/Int/Yg & Boys – M/Yo
7:30 PM	5000 Meter Run -	Boys & Men – Int/Yg/Op/Ma
6:00-8:00 P.M.	Early Athlete Check-In & Packet Pickup	

Saturday, June 21, 2008

<u>Time</u>	<u>Event</u>	<u>Division</u>
8:00 A.M.	Athlete Check-In & Packet Pick-Up	
9:00 A.M.	4 x 800 Meter Relay	- Girls & Boys - All Ages
9:30 A.M.	1500-Meter Race Walk	- Girls & Boys - Sub-Bantam/Bantam/Midget
	3000-Meter Race Walk	- Girls & Boys - Youth/Intermediate/Young
9:00 A.M.	Long Jump	- Girls & Boys - Sub-Bantam/Bantam/Midget
	High Jump	- Men & Boys - All Ages
	Shot Put	- Boys & Girls - Sub-Bantam/Bantam/Midget/Youth
	Discus	- Boys & Girls - Intermediate/Young
	Pole Vault	- Girls - Youth/Intermediate/Young
10:30 A.M.	Long Jump	- Girls & Boys - Youth/Intermediate/Young
	High Jump	- Girls - All Divisions
	Shot Put	- Boys & Girls - Intermediate/Young
	Discus	- Boys & Girls - Midget/Youth
	Pole Vault	- Boys - Youth/Intermediate/Young
11:30 A.M.	100-Meter Dash Prelim/Finals	- Girls & Boys - All Divisions
	1500-Meter Run	- Girls & Boys - All Divisions
	80-Meter Hurdles	- Girls & Boys - Midget
	100-Meter Hurdles	- Girls - Youth/Intermediate/Young
	100-Meter Hurdles	- Boys - Youth
	110-Meter Hurdles	- Boys - Intermediate/Young
	4 x 100 Meter Relay	- Girls & Boys - All Divisions
	100-Meter Dash Finals	- Girls & Boys - All Divisions
	800-Meter Run	- Girls & Boys - All Divisions
	200-Meter Hurdles	- Girls & Boys - Youth
	400-Meter Hurdles	- Girls & Boys - Intermediate/Young
	400-Meter Run	- Girls & Boys - All Divisions
	2000 Meter Steeplechase	- Boys - Intermediate/Young
	200-Meter Dash Finals	- Girls & Boys - All Divisions
	4 x 400 Meter Relay	- Girls & Boys - All Divisions
12:00 P.M.	Triple Jump	- Girls & Boys - Youth/Intermediate/Young
	Mini-Javelin	- Boys & Girls - Sub-Bantam/Bantam/Midget
	Javelin	- Boys & Girls - Youth/Intermediate/Young